



COURSE MATERIAL FOR THE CERTIFIED HYPNOTHERAPIST PROGRAM

153 - Body Syndromes

Student Number: _____

Name: (Please Print) _____ Date: _____

The responsibility syndrome is the shoulders, upper back, and upper spinal area.

1. What are the psychological causes?
2. What does the physiological reaction in the body do that causes a problem?

Sexual frustration is the stomach, groin, and lower back.

3. What are the psychological causes?
4. What does the physiological reaction in the body do that causes a problem?

Crying Syndrome is from the solar plexus upward, covering the chest, head, and back of the neck.

5. What are the psychological causes?
6. What does the physiological reaction in the body do that causes a problem?



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The fight or reaching syndrome affects the arms, hands and fingers.

7. What are the psychological causes?
8. What does the physiological reaction in the body do that causes a problem?

The flight syndrome affects the area from the thighs to the feet.

9. What are the psychological causes?
10. What does the physiological reaction in the body do that causes a problem?

Several Body Syndromes

11. Can a person be affected by one or more of the syndromes at the same time?
Give an example?
12. Your client experiences headaches and tight back muscles. What do you think that might indicate?
13. Your client is experiencing tension in the back muscles and pain in the legs? What do you think that might indicate?