



**COURSE MATERIAL FOR THE  
CERTIFIED HYPNOTHERAPIST PROGRAM**

**154 - Fear of Loss of Control and Resistance**

Student Number: \_\_\_\_\_

Name: (Please Print) \_\_\_\_\_ Date: \_\_\_\_\_

1. You do an arm rising and your client's arm stops about half way up and nothing you do makes a difference. What could you do at this point?
2. What does an abreaction indicate?
3. Name three reasons a client might resist you.
4. What session might your client experience Fear of Loss of Control?
5. What could you do to minimize or eliminate Fear of Loss of Control?
6. What could you do to minimize or eliminate Resistance?