



## COURSE MATERIAL FOR THE CERTIFIED HYPNOTHERAPIST PROGRAM

### 162 – Practice

Student Number: \_\_\_\_\_

Name: (Please Print) \_\_\_\_\_ Date: \_\_\_\_\_

Your client:

- Is an accountant.
- Works long hours.
- Is a male.
- His Emotional Suggestible is 70%
- His Physical Sexual is 65%

Your Client's Problem:

- Your client is always stressed out.
- Impatient with his children.
- He is very negative.
- Has a problem going to sleep and then sleeping throughout the night.

What questions would you ask him?

Key in the Restful Alert Key and weave it in with the suggestions you would give him.

Give 10 suggestions for his problems.



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