



COURSE MATERIAL FOR THE CERTIFIED HYPNOTHERAPIST PROGRAM

178 – Modality

Student Number: _____

Name: (Please Print) _____ Date: _____

1. What are the three things you need to have to create a hypnotic modality?

2. What is the strongest modality on earth? _____

3. Find a modality and describe what makes it a hypnotic modality and why it works.

