



COURSE MATERIAL FOR THE CERTIFIED HYPNOTHERAPIST PROGRAM

192 - Physical Sexual Female (100%)

Priorities:

1. Family system/Love relationship (Man in life, relationship, marriage, children, home).
2. Hobbies (Clothes, car, feminine paraphernalia, etc.).
3. Job/Career.
4. Extracurricular activities (School, other family).

Natural Partner:

- Emotional male.

Best Way to Approach Partner For:

- Date - As a general rule, she would have to assert herself first by smiling at him, and approaching him and asking him for a date. The second best way would be to make overtures to show that she is interested and available and hope he assumes the position to come out after her.

Sex Means:

- Love, control, acceptance and validation as a woman.

Love Means:

- Sex, acceptance, validation. Everything that sex means to them, love means, and love means family and children.

Main Reason Loses Relationship/Marriage:

- The Physical is too overbearing and pushy. They demand too much, their needs are too great for the Emotional male once the honeymoon stage is over. The



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Physical female wants to maintain that same honeymoon stage consistently and live in this fantasy as if it should last forever.

Reason She Cheats in a Relationship/Marriage:

- She feels the rejection and then tries to get close again and fails, and then she become angry and gets even.

Monogamous/Polygamous:

- Usually monogamous in marriage and while dating, even though she may date several men, she will usually have sex with only one.

Dealing with Rejection:

- She falls apart when she is rejected. She feels as if she is not good enough and somehow she is to blame. She attempts to blame herself at first but later tries to blame her partner. When the anger comes out, she can be very vindictive. Anger is the common denominator.

Therapeutic Strategy for Dealing with Rejection:

- Help her buy the symptoms. Give her hope and let her vent out anger. Let her talk it out consistently.

Friends:

- Mostly Emotional men. Everything with her is involvement. She becomes competitive with Physical males. She does not have many female friends because she does not trust females.

Common Reasons for Seeking Therapy:

- She feels rejection and wants motivation in various areas.