



## COURSE MATERIAL FOR THE CERTIFIED HYPNOTHERAPIST PROGRAM

### **192 - Physical Sexual Male (100%)**

#### **Priorities:**

1. Family System/Relationship.
2. Hobbies (clothes, cars, physical male friends, sports).
3. Job/Career.
4. Extracurricular activities (school, friends, relatives, etc.).

#### **Natural Partner:**

- Emotional female.

#### **Sex Means:**

- Conquest, control, approval, acceptance, need.

#### **Love Means:**

- Love is ever-encompassing feeling that he must have. Love and sex are synonymous. Before marriage, love may not be synonymous.
- In the beginning of the relationship, it is a conquest and a way of receiving approval.

#### **Main Reason Loses Relationship/Marriage:**



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- He is too busy putting down his partner with little innuendos on what she should do to improve herself.
- He is very negative when he controls the relationship, he can be very selfish and destructive.
- The relationship may not work because he has a tremendous need for sex and has a tendency of becoming kinky and turns his Emotional partner off.
- When his Emotional partner turns off, he then falls apart and the Emotional female loses respect for him – the qualities she admired in the beginning are no longer there – confidence and self respect.

### **Approach to Get Partner Back or Rekindle Interest:**

- Help him pursue her without falling apart; pursue logically, try helping her make decisions.
- He must not get angry. She needs to see him as strong and able to do without her.

### **Reason He cheats in a Relationship or Marriage:**

- To get even.

### **Monogamous/Polygamous:**

- Normally monogamous during a relationship, but while dating he may date a lot of women.

### **Dealing with Rejection:**



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- Like the Physical female he does not deal with it well. He has ways of venting it out such as: sports, workouts, work, etc., but he handles it very badly. He gets very, very angry and wants to get even. In extreme cases, he may even become violent.

### **Therapeutic Strategy for Dealing with Rejection:**

- Give him hope; try to build his image and confidence because he lost so much of it.
- Hope is extremely important for the high Physical Sexual.
- Tell him that there is a possibility that he may get this relationship back – but he must not fall apart, be cool, start dating, seeing women and when she starts recognizing that you are going out, she may want you back. The hope is he will meet another female. Someone he can talk with and date and help him pull away from his wife or girl friend.

### **Common Reasons for Seeking Therapy:**

- He may come to hypnotherapy because he's hurt, rejected and losing his relationship.
- Often, he does not want hypnotherapy because he hates to admit he might be part of the blame or he thinks it is her, not him. However, he may come in for work motivation, sales problems, or for impotency after the fact.

### **Friends:**

- Many Physical male buddies, Emotional friend for serious business or discussions; He usually does not have Physical female friends because of competition, and usually does not have many Emotional female friends because he becomes attracted to them and they become his relationships.