



COURSE MATERIAL FOR THE CERTIFIED HYPNOTHERAPIST PROGRAM

192 - How the Various Sexual Suggestibility's View Their Mate

Dr. Kappas asked a group of individuals how they felt about their partners and what were their good points and undesirable ones. These are the answers they gave.

How the Emotional Sexual Female Sees the Physically Sexual Male

Good Points

1. He is a 'fun' person to be with.
2. He is an eternal 'little boy' whom she can mother.
3. He has a keen sense of humor.
4. He is agreeable and generally easy to get along with.
5. He is thoughtful towards his mate.
6. He is a homebody who loves and is proud of his home and family.
7. He generally tries to include her in his outside activities.
8. He is affectionate and attentive towards his mate.
9. He is both a hard worker and a good provider.
10. He is a very social type person; likes people and parties.
11. He is adept with tools in maintaining the home and the car.
12. His 'do it yourself' projects are geared to home improvement, more often for her benefit than his own.
13. He is spectator sports oriented and will patiently explain each game or sports activity to her, interested in it or not.
14. He loves the out of doors and enjoys sharing these experiences with her.
15. He is openly proud of his mate and delights in showing her off.



COURSE MATERIAL FOR THE CERTIFIED HYPNOTHERAPIST PROGRAM

16. He is polite and attentive to her in public or among other people.
17. He does not tend to become set in his ways but rather is always game to try new things, places and groups of people.
18. He freely and openly expresses his thoughts and opinions, either good or bad, on any subject; particularly ones in which there is an element of disagreement.
19. He is a good talker and an interesting conversationalist.
20. Even though he often will not admit to being wrong he will take the initiative to make up after a quarrel or problem experienced.

Undesirable Points

1. He is stubborn and demanding, especially in sexual matters.
2. He is obsessed with maintaining his position as the superior and dominant male.
3. He is often excessive in his tastes; tends towards extremism.
4. He forces his opinion, decisions and personal tastes upon his mate even in areas usually regarded as the sole prerogative of the female, such as home decoration and furniture selection.
5. He is emotionally immature, particularly in regards to sex.
6. He will sulk and pout whenever he does not get his way.
7. He will listen when she expresses her opinions but nothing she says really gets through to him.
8. He suffocates her with attention to the point where she feels she cannot breathe and has to get off by herself for awhile to get back to normal.
9. He wants her with him all the time and cannot seem to understand that there are times when she simply wants to be left to herself.
10. He never gives her any privacy. In the early phases of their relationship, he may even follow her to the bathroom.
11. He dominates her and wants to completely possess her.
12. He is suspicious and irrationally jealous of her.
13. He seems totally incapable of any meaningful two-way communication once he feels that he has been rejected.



COURSE MATERIAL FOR THE CERTIFIED HYPNOTHERAPIST PROGRAM

14. She has the feeling that he is constantly checking up on her.
 15. He is continually 'under foot'. She often wishes that he would go bowling or play poker with the boys a couple of nights a week and allow her the freedom to get together with her old girlfriends. He says he would rather be at home or with her.
 16. He is constantly pressuring her for sex, sex, sex. He cannot seem to comprehend the fact that she cannot get in the mood as rapidly, or as frequently, as he gets an erection.
 17. He appears to be very generous in that he is constantly giving her gifts. Unfortunately, they are not usually things that she wants or needs, but rather things that he wants her to have in order to gratify a second person extension of his own ego.
 18. During their sexual relations he urges her to constantly tell him what a great lover he is in order to gratify the demands of his excessive sex ego rather than allowing her to quietly relax, focus and enjoy it.
 19. He demands continuous or at best, frequent, flattery in order to sustain his overly-developed ego.
 20. If she does not submit to the use of her body to gratify his every sexual desire and whim he finds ways to needle her and make her life miserable until she does so.
- Here again, remember that not all of these twenty pro and con comments are meant to apply to any one member of the Physically Sexual male category.
 - The Emotionally Sexual female often desires and appreciates being pampered, protected and physically kept and sheltered. For the most part she also realizes that the sexual demands of her physically sexual counterpart will exceed her own.
 - The Emotionally Sexual female is basically an independent self-sufficient person. She is neither remote, or blindly out of touch with the practical aspects of their union.
 - The well-adjusted member of this group learns to deal with her mate in a never ending series of compromise situations. She soon comes to realize that she must compromise her physical body in order to support and protect her inner emotionality.
 - The basic problem she faces is the fact that she encounters extreme difficulty in communicating her own sexual feelings and requirements to her physical mate. This basic problem resolves itself into a total lack of intimate lines of communication.
 - Basically, she is an individual and equal member of society who is capable and willing to be totally self-supporting and to provide her own chosen standard of living for herself.



COURSE MATERIAL FOR THE CERTIFIED HYPNOTHERAPIST PROGRAM

- She understands his drives and problems and cannot comprehend why he is so blind and unfeeling towards hers. It is this underlying condition that causes so many “can’t communicate with him.” She feels that she cannot get through to him. He listens to her talk but there is no comprehension of what she is saying.
- In sessions, a typical complaint of emotionally sexual females against their physically sexual counterpart is: “I do not understand how he can be so stupidly stubborn. He does not even try to understand how I feel”
- In all fairness....how can he? Most human understanding is gleaned from individual personal experience. We learn by doing. The physically sexual male has always functioned as he does and he regards his personal sex pattern as healthy, normal and proper since it is all he has ever known. When he does (often in order to save the relationship) make the effort to learn how his partner feels, he is a willing student but a slow learner.



COURSE MATERIAL FOR THE CERTIFIED HYPNOTHERAPIST PROGRAM

How the Emotionally Sexual Male Sees the Physically Sexual Female

Good Points

1. She exudes femininity in attire, demeanor and attitude.
2. She usually possesses outstanding artistic talents.
3. She is affectionate and tender.
4. She projects a superior level of mental capability.
5. She is hygienically immaculate about her person, wardrobe and home.
6. She caters to her man in all matters.
7. She does not require absolute freedom and privacy away from her mate.
8. She usually will not interfere in her mate's work or business obligations, problems and career objectives.
9. She is a very adequate sexual and social partner.
10. She makes responsible decisions.
11. She adjusts to situations readily and aims to please.
12. She is faithful and dependable under all conditions.
13. She strives for harmony and is first to make up after a fight.
14. She is intellectually and culturally oriented.
15. She is fashion minded and aware of her appearance at all times.
16. She is always ready for sex whenever her mate is.
17. She is enthusiastically receptive to variations on the sex act.
18. She is always ready to join her mate in travel or entertainment.

Undesirable Points

1. She is easily physically rejected.
2. She usually buys him gifts that have no practical value to him.



COURSE MATERIAL FOR THE CERTIFIED HYPNOTHERAPIST PROGRAM

3. She is excessively social.
 4. Frequently petty about inconsequential matters.
 5. She is easily angered.
 6. She is constantly searching for security and acceptance.
 7. She often demands too much of her mate's time.
 8. She enjoys playing the role of her mate's alter-ego.
 9. Often tries to model herself into a 'Siamese twin' of her mate.
 10. She can be extremely vindictive when she feels wronged or hurt.
 11. She often appears to be acting out a part.
 12. When angry she will cut off her nose to spite her face.
 13. She has a 'praying mantis complex'....wants to consume her mate.
 14. She is embarrassingly demonstrative and affectionate in public.
 15. She often smothers her mate with more attention than he desires.
 16. Her sexual efficiency and adequacy often gives her mate an inferiority complex in regards to his own sexual capabilities.
 17. She tends to dominate her mate in consummation of various sex acts, and gives him everything that she wants him to have.
- The physically sexual female is somewhat of a study in contradictions. In appearance and behavior she is totally feminine and declares it.
 - She dresses to the style of the times. She leans towards feminine clothing and colors. She is proud of her femininity and dresses to show it off rather than to obscure it.
 - In spite of her excessive femininity, her inner sexual personality takes on an honest, straight forward, no-nonsense approach to and attitude towards sex.



COURSE MATERIAL FOR THE CERTIFIED HYPNOTHERAPIST PROGRAM

How the Physically sexual Female sees the Emotionally Sexual Male

Good points

1. He has better than average income potential.
2. He is ambitious, often to a fault.
3. He is completely realistic in all matters.
4. He possesses great maturity, often even in early life.
5. He is a totally responsible type of person.
6. He allows his female total freedom.
7. He is happy to leave social and home decisions up to his mate.
8. He is very strong and does not fall apart under pressure.
9. He is almost devoid of feelings of possessiveness or jealousy.
10. He is mentally astute.
11. He tends to pursue higher education and businesses activities.
12. He is very adequate in the business or professional world.
13. Even though he is a good provider, he is often not generous to his mate.
14. He is quiet and unassuming in the home environment.
15. He allows his female counterpart to make all the decisions, in home decoration and management.
16. He gives his mate a free reign with home, children and social activities.
17. When something goes wrong with the house or the car he will hire qualified workmen or mechanics rather than botching it up himself.
18. He does not insist that she join him in outside activities which are of no interest to her.
19. He is not overly demanding sexually and allows his mate to assume the aggressive and dominant role in any sex act.
20. He has a charmingly dry wit and sharp sense of humor.



COURSE MATERIAL FOR THE CERTIFIED HYPNOTHERAPIST PROGRAM

Undesirable Points

1. He is withdrawn and hides behind his own façade.
2. He is unrealistic in emotional matters.
3. He practices a double set of standards demanding that his mate be constantly available while allowing himself complete freedom.
4. He presents a deadpan appearance, in that he does not act enthusiastic or have a lot of expression.
5. Although his humor is often razor sharp when directed at others, he is usually incapable of laughing at himself.
6. He avoids sharing thoughts or plans with his mate.
7. Often displays an anti-social attitude towards friends and guests, particularly when he is preoccupied with business matters.
8. Non-communicative. He is often preoccupied with his own thoughts.
9. Never hesitates to break a long-standing, often important social engagement if the slightest things come up in his business affairs.
10. He seems incapable of establishing meaningful lines of two-way communication with his mate.
11. He is often unable to express even his own thoughts or opinions in matters other than relating to his business.
12. Completely self-centered. Always considers himself first.
13. Often appears to be scheming to break up or terminate the relationship once it has been shaken.
14. Has no desire for children or pets, feeling that they would hamper his career.
15. Totally unemotional during arguments. He tends to display a cold fish personality, even during actual physical sex acts.
16. Adamant that his mate not allow herself to become pregnant. Often threatens to leave her if she does.
17. Appears incapable of sharing her interests. Often refuses to join her in pursuit of hobbies, recreational or social activities.



COURSE MATERIAL FOR THE CERTIFIED HYPNOTHERAPIST PROGRAM

18. Unaffectionate and undemonstrative. Often totally ignores his female counterpart in public or social gatherings.

- From the foregoing observations by a group of their mates, it is not surprising to learn that a number of extremely emotionally sexual males wind up as very rich and very lonely men.
- Various types of people seek widely different goals in marriage or relationships. Different groups place different values on various aspects of the social scene.

ANII



COURSE MATERIAL FOR THE CERTIFIED HYPNOTHERAPIST PROGRAM

How the Physically Sexual Male Sees the Emotionally Sexual Female

Good Points

1. She is sincere....often honest to a fault.
2. She is affectionate in private when her moods so dictate.
3. She is uncomfortable being demonstrative or possessive in public.
4. She allows her mate intellectual and business freedom.
5. She will compliment her mate when she feels he deserves to be.
6. She lets her mate take the lead in family or social life.
7. She leaves virtually all decisions affecting them both up to her mate unless it is something she feels extremely strong about.
8. She follows instructions well and allows her mate to guide her activities.
9. She is trustworthy and dependable.
10. She will run errands and do things for her mate.
11. She is kind and affectionate to animals and likes house pets.
12. She enjoys outdoor hobbies such as gardening.
13. She keeps abreast of the times; is often an avid reader.
14. She is an average homemaker and erratic housekeeper.
15. She does not interfere in her mate's business and hobbies.
16. She is emotionally distant at times and feels she needs some privacy.
17. She possesses a high degree of social consciousness.

Undesirable Points

1. Has a difficult time making decisions about her personal life.
2. Her sex drive is neither as strong nor as often as her mates.
3. She is often moody and non-communicative.



COURSE MATERIAL FOR THE CERTIFIED HYPNOTHERAPIST PROGRAM

4. She tends to well-up and store real and imaginary hurts.
 5. She is slow to forgive. Would rather break-up than make-up.
 6. Often mentally depressed for no real reason.
 7. She is very financially responsible.
 8. She has a tendency to 'fade-out' of conversation and draw into herself.
 9. She has difficulty sharing her inner feelings with her mate.
 10. She is often sexually unresponsive or withdrawn during sex.
 11. She often refuses to bring a problem out into the open and discuss it.
 12. She often entertains feelings of lack of self-worth.
 13. She frequently needs her alone time.
 14. She goes off by herself for long and unexplained periods.
 15. She often refuses to be crowded or pinned down on a subject.
 16. She has periods during which she can be as 'stubborn as a mule'.
 17. She may forgive but never forgets and holds them inside of herself.
 18. As the relationship matures she often insists that sex be on her terms.
 19. Constantly making excuses to avoid any form of sex act or play.
 20. She experiences periods of downright frigidity towards her mate.
- Keep in mind that these good and bad personality traits are a composite of the remarks of a dozen different Physically Sexual males in discussing their personal experiences with their Emotionally Sexual female counterparts. To be sure, no individual Emotionally Sexual female would be likely to possess all twenty of either the good or the bad characteristics listed.
 - Some of the pros and cons of the Emotional female's sexual personality either augment or cancel out one another.
 - It is also possible he may not always see her as she really is, but then this condition exists to a like degree in all categories.
 - Since her personal sex drive lacks the strength and frequency of that of her physically sexual male partner she often experiences guilt complexes that she is sexually inadequate.



COURSE MATERIAL FOR THE CERTIFIED HYPNOTHERAPIST PROGRAM

- When she is in the mood for sex she functions fully and effectively. When she is not in the mood but submits out of a feeling of obligation, duty or pity, she is sexually ineffective and unresponsive. On such occasions she will often seem to her mate to be impassive and withdrawn.
- Often during the early stages of a relationship, the Emotionally Sexual female will feign sexual arousal and even orgasm in order to please her new mate. At this point, the Emotional Sexual is actually behaving and perhaps even functioning as a Physical Sexual.
- As the relationship matures she becomes progressively less subservient to the sexual demands of her partner and begins to assert her own inner sexual personality. She becomes highly inventive as to countless excuses to avoid having sex when she is not in the mood for it.
- We frequently hear the male complain that, during the first months of the relationship, she displayed strong sexual desires like his own. Often he will report that during the first few weeks they engaged in sex from one, two or even three times nightly, leading him to believe that she had a strong need and desire for sex also. Now, he tells us that he is lucky if she submits to his sexual overtures once a week or once in two weeks.
- Her alternately blunt and subtle rejections of him offend and, in some cases, actually destroy his male ego. Many men report that they become so completely frustrated that they are almost afraid to broach the subject of sex with her.
- At this point, the male may begin to look around for sexual gratification, though he is normally faithful.
- Some men, whose sex egos have been continually battered down by a constant succession of rejections go into an induced state of mental impotency, in which they are unable to physically function even when their mate is receptive to the sex act.
- The sex cycle of the Emotionally Sexual female, once a relationship has reached maturity, is seldom more frequent than one, two or three times a week.
- Unfortunately, all too few of them are able to openly and frankly communicate their sexual requirements to their mate. Generally, they attempt to convey these feeling by inferences and innuendos which their mates all too often interpret as sexual rejection.
- If she is able to express her feelings as to sexual frequency at say, two times a week, the Physically Sexual male, feeling that he is being co-operative, will, in all likelihood, pace himself to a strict timetable approach. He will then expect her to engage in sex every Monday, Wednesday and Friday. Since her moods are not as predictable to this sexual calendar, she will be further turned off by this scheduled approach to sex.



COURSE MATERIAL FOR THE CERTIFIED HYPNOTHERAPIST PROGRAM

- The ideal sexual liaison between a Physically Sexual male and an Emotionally Sexual female is achieved when they achieve a mutual understanding and respect for each other's distinctly different sexual needs, feelings and moods. She will react far more positively towards unplanned, spontaneous sex only after he has carefully and patiently gotten her in a mood for sex closely attuned to her own sex cycle. Under these circumstances she can be an ideal sex partner who will repay the patience and understanding of her Physically Sexual male counterpart.

